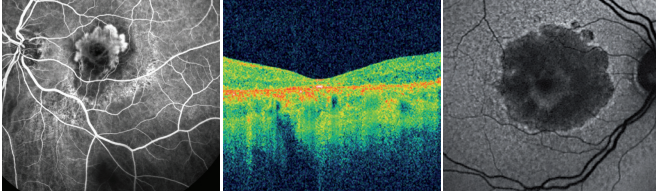


# 2<sup>nd</sup> EYE NUTRITION MEETING



by  Théa

## April 14 - 15 - 16, 2016

Meliá Sky Hotel  
Barcelona, Spain

Laboratoires Théa organise the second educational training course dedicated to ocular nutrition.

More than 90 attendees coming from 17 countries will gather in Barcelona and share the latest scientific advances in this field.

### SCIENTIFIC COMMITTEE

- Prof. A. LEYS
- Prof. J. SEDDON
- Prof. G. GARHOEFER

### WITH LECTURES BY

- Prof. T. ASLAM
- Prof. D. DELMAS
- Prof. J.F. KOROBELNIK
- Dr. H. BOND
- Prof. A. GARCÍA LAYANA
- Prof. A. LEYS
- Prof. S.Y. COHEN
- Prof. G. GARHOEFER
- Prof. J. SEDDON
- Dr. C. DELCOURT
- Prof. C. KLAVER

Laboratoires Théa - 12, rue Louis Blériot - 63017 Clermont-Ferrand Cedex 2 - France



**THURSDAY APRIL 14, 2016**

18:00	Welcome reception at the Meliá Sky Hotel
19:00 22:30	Dinner with nutrition education and cooking animation AILAIC, Passatge Utset nº14, 08013 Barcelona



**FRIDAY APRIL 15, 2016**

## **EYE NUTRITION COURSES - MORNING SESSION**

08:30	<ul style="list-style-type: none"><li>● <b>Introduction</b> <b>J.F. CHIBRET</b></li></ul>
08:40	<ul style="list-style-type: none"><li>● <b>Pathophysiology of AMD; latest news and classification</b> <b>G. GARHOFER</b></li></ul>
9:00	<ul style="list-style-type: none"><li>● <b>Macular pigments &amp; antioxidant for ocular wellness</b> <b>J. SEDDON</b></li></ul>
9:20	<ul style="list-style-type: none"><li>● <b>New trends in AMD treatment</b> <b>Y.S. COHEN</b></li></ul>
9:40	<ul style="list-style-type: none"><li>● <b>Genetics &amp; environmental factors of AMD</b> <b>C. KLAVER</b></li></ul>
10:00	<i>Break</i>
10:20	<ul style="list-style-type: none"><li>● <b>Imaging</b> <b>J.F. KOROBELNIK - A. LEYS</b></li></ul>
10:50	<ul style="list-style-type: none"><li>● <b>The importance of Omega 3 in AMD</b> <b>C. DELCOURT</b></li></ul>
11:10	<ul style="list-style-type: none"><li>● <b>Last evidence on resveratrol in ophthalmology</b> <b>D. DELMAS</b></li></ul>
11:30	<ul style="list-style-type: none"><li>● <b>The role of vitamin D in macular degeneration</b> <b>A. GARCIA LAYANA</b></li></ul>
11:50	<ul style="list-style-type: none"><li>● <b>ROUND TABLE: Role of nutrition in AMD?</b></li></ul>
12:15	<i>Lunch</i>

## EYE NUTRITION COURSES - AFTERNOON SESSION

### 13:30 INTERACTIVE SESSIONS

- Evaluation of risk factors in routine clinical practice: S.T.A.R.S. questionnaire  
C. DELCOURT - J. SEDDON - C. KLAVER (2 GROUPS IN PARALLEL)
- When to recommend food supplement: early/advanced stage?  
T. ASLAM - A. GARCIA LAYANA - G. GARHOEFER (2 GROUPS IN PARALLEL)
- How to achieve good nutrition on a daily basis to prevent AMD?  
H.BOND (PLENARY SESSION)

15:15 *Break*

15:45 Departure for the Barraquer Ophthalmological Center

16:30 Visit of Barraquer Ophthalmological Center

18:00 *End of the visit*

20:30 Dinner at Barceloneta restaurant



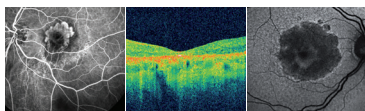
## SATURDAY APRIL 16, 2016

### ● WORKSHOP

- 09:00 "How to introduce the Eye Nutrition Course locally"
- Review and analysis of the nutrition courses
  - Selection of the main information that can be shared with local ophthalmologists
  - Definition of the communications plan

12:00 *Lunch buffet*

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by  Théa

**April 14 - 15 - 16, 2016**

Meliá Sky Hotel  
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Subject to approval of the French National Council of the French Medical Professions. For the French healthcare professional, Laboratoires Théa shall declare to the medical council where the healthcare professional is registered the financial participation it covers for this healthcare professional. Moreover, according to Article 2 of the French law n°2011-2012 of 29 December 2011, it shall be publicly declared the interests it may have with French healthcare professionals (including financial terms) according to the Decree no. 2013-414 of 21 May 2013.

For healthcare professionals based in another country, Laboratoires Théa shall comply with local applicable law and regulation regarding the declaration to a medical council or any competent entity where the healthcare professional is registered and with the reporting and declaration to a public audience or a competent authority of interests it may have with healthcare professionals.